



Mid-morning

Home baked cookies
Overnight Oats with berries
Cheese and ham toasty
Homemade granola bars
Smoothies

Lunch

Selection
of Sandwiches
Pilaf Rice
Steamed Rice
Garlic & thyme new
potatoes roast fennel potatoes

Coleslaw
Cous-cous salad
Rocket & Parmesan salad
Cous-cous salad Waldorf salad

Spiced paneer and vegetable
kebab
Fish Curry
Fisherman's pie
Salmon & fennel pasta bake
Seabass with Mediterranean
vegetables & pesto

Ratatouille of Mediterranean
vegetables & vegan pesto
Spiced paneer and vegetable
kebab
Chickpea and sweet potato
curry
Ravioli, Parmesan gratin
Four cheese Tortellini with
tomato and basil sauces

Grilled chicken breast
Sweet & sour pork
Harissa spiced meatballs with
tomato & basil sauce
Chicken cacciatore
Hoisin pork with noodles

Greek salad
Mixed leaf salad
Tomato & cucumber salad
Pesto, orzo and tomato salad
Caprese salad

Afternoon

Lemon drizzle cake
Pear puff pastry
Open scones and cream
Banana bread loaf
Jam tarts